



# Totoket Times

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Volume 31 No 12, March 7, 2025

## North Branford Senior Center & Public Libraries to Host Workshops

NORTH BRANFORD – The North Branford Senior Center in conjunction with the North Branford Public Libraries is hosting a series of in-person workshops to help local older adults navigate the digital world more effectively. The workshop program was made possible through \$10,000 in support from [AT&T](#).

The program is split into three sessions – one taking place now, one beginning March 18, 2025, and the final one starting May 3, 2025. Each session has six classes. Seniors train on a new Lenovo P12 tablet, and upon completing the program with a perfect attendance, they are allowed to keep the Lenovo tablet and a folio case for free. Those interested in signing up can call Parks & Recreation at 203-484-6017.

“North Branford is very thankful to partner with AT&T to offer this technology course for our seniors,” said **Mayor Rose Angeloni**. “It’s a wonderful opportunity for our seniors to become more comfortable using the Internet and to understand how to avoid the pitfalls of the ever-changing world of technology. This six-week course will provide very useful information in a friendly atmosphere for all who enroll.

“We are grateful to AT&T for this grant which allows this joint effort between our Parks, Recreation and Senior Center and Public Libraries to put on this valuable course on technology for North Branford seniors,” said **Town Manager Michael Downes**. «This program offers instruction on using technology to stay in touch with friends and loved ones, and essential training on avoiding scams, phishing, and other pitfalls associated with online device use. We know it will make an important difference for the seniors in our community who take advantage of it.»



According to [recent Pew research](#), about 25% of Americans aged 65 and older do not use the internet, a stark contrast to the general population, where 92% are online. Additionally, [only 61%](#) of older adults own smartphones compared to 96% of those aged 18-29. Older adults often cite a lack of confidence in their digital skills and difficulty learning new technologies as significant barriers.

To break down these barriers, the digital literacy workshops include educational programming and are designed to empower older adults with the necessary skills to use modern technology confidently. The workshops cover everything from technology basics to online safety, including tips to recognize and avoid fraud and scams.

“Empowering seniors with the knowledge to navigate the internet safely and effectively is more than just teaching technology—it’s about

protecting their independence, security, and peace of mind,” said **State Representative Vincent Candelora**, House Minority Leader. “In particular, by equipping them with the tools to recognize scams and misinformation, we ensure they can stay connected with confidence and avoid falling victim to online fraud.”

This effort is part of [AT&T’s initiative](#) to help address the digital divide through internet accessibility, affordability and safe adoption. Since 2021, AT&T [has committed](#) \$5 billion dollars to help 25 million people get and stay connected to high-speed internet by 2030.

“In today’s world, it’s vital for everyone to have a solid understanding of how to navigate and use the latest online platforms,” said **Harry Carey**, **Director of External Affairs at AT&T**. “We’re committed to helping older adults feel more comfortable using technology in all aspects of their lives including healthcare, ordering groceries, making utility payments, connecting with loved ones, or any other day-to-day tasks that makes their lives easier.”

**PHOTO: L-R: State Representative Vincent Candelora, Parks Recreation and Senior Center Director Kerry Haynes, Senior Center Program Coordinator Kathy Poston, Director of External Affairs for AT&T Harry Carey, Senior Center Program Coordinator Sarah Brown, Mayor Rose Angeloni, Town Manager Michael Downes.**



### Town Council Recognizes Ron Onofrio

On Feb 18 the Town Council recognized Ron Onofrio for his service to the Town as member of the Board of Fire Commissioners from December 1, 2020 to October 15, 2024. Mayor Rose Angeloni presented Ron with a plaque on behalf of the Town. Congratulations Ron, thank you for your service!

### TOTOKET TIMES

Deadline		Publication Date	
March	14	March	21
March	28	April	4
April	11	April	18
April	25	May	2
May	9	May	16
May	23	May	30
June	6	June	13

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# IMPORTANT NOTICE

The March 21st issue of the Totoket Times will be available on line on the usual publication date of 3-21-25. Due to a scheduling conflict the physical paper will not be distributed until March 24th.

Advertising and editorial deadlines will remain the same.

*pick up locations if you did not receive a mailed copy.*

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Post Office

North Branford Barbershop



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## State Representative Vincent Candelora



When news broke recently about the arrest of a University of Connecticut faculty member accused of gross abuse of school funds, I couldn't help but think of how differently our state's flagship school treated that situation compared to how the Connecticut State Colleges and University System (CSCU) approached its leader. Back in November, I wrote in this space about the spending habits

of the highly compensated Chancellor Terrence Cheng, whose expensive dinners received a lot of news media attention.

In my opinion, there's a significant double standard at play.

The UConn professor, who specializes in women's gender and sexuality studies, is alleged to have taken trips totaling nearly \$60,000—among them a jaunt to a Disney resort under the cover of an official trip to the "Central Florida State Archives." From where I sit, UConn acted appropriately by involving police. Investigators charged her with first-degree larceny.

Free on \$10,000 bond, the travel-loving professor has been on leave since November.

Chancellor Cheng, meanwhile, remains on the job. This winter, he's close to a fixture in the halls of the Legislative Office Building, stumping for additional funding for the CSCU system he oversees. That includes four-year schools, such as Central and Western, and the state's network of community colleges.

Of course, it was the chancellor's steak dinners that produced juicy headlines. Chauffeur service, too, despite having a taxpayer-funded car allowance. More recently, he has faced intense scrutiny for taking \$21,000 to move to Connecticut despite never moving here.

Chancellor Cheng, who makes more than \$400,000 annually, lives in New York state.

Despite these spending transgressions, which the chancellor has apologized for, both the Governor and the Board of Regents—his bosses—have offered limp responses. In fact, Governor Lamont has branded these "small ball" issues.

Meanwhile, CSCU staff issued a stern letter of no-confidence in Chancellor Cheng. It's hard to blame them. In my view, the chancellor's actions have shredded confidence in our system among not just system workers, but students, parents, and taxpayers.

I've been consistent in my calls for the resignation of Chancellor Cheng. It's a necessary step to rebuilding trust. Again, crickets from his bosses.

By this point, you might start to wonder why the UConn professor faces time behind bars while Chancellor Cheng is on the job. The difference, it seems, is that UConn had specific policies on spending procedures their employee violated, while the CSCU system's oversight—in particular, its rules on purchasing cards—were lax.

Policies aside, it's hard to argue that Chancellor Cheng, in both his P-Card use and on the issue of moving expenses, didn't violate the public trust.

Last week, the Board of Regents met to discuss a new, stronger policy for use of its P-Cards, which up until recently totaled a staggering 1,100 throughout the CSCU system. They've whittled that down 900 cards, and one board member said he'd like to see no more than 100 cards distributed. With that said, their new P-Card authorization and use policy includes in its approval structure a surprising individual.

You guessed it, the person who, according to a recent CBS news report, violated the \$50-per-meal policy 56 times, racking up nearly \$10,000 in food costs: Chancellor Cheng.

It's no wonder tuition is so expensive.

**Rep. Vincent Candelora**  
**House Republican Leader -86th House District**  
**North Branford, Durham, East Haven, Guilford**

## Let's Be "Frank"

Well, brother, March has finally wiped away February. You know I never liked traveling and I always loved the winter weather. But as I get older, between the old body and the blood thinner I can't wait for the sun. So in a week, I'll be traveling down to South Carolina. For a few days to see the famous North Branford Cobbler Mike Montalto. From there, jump on a flight to Miami and spend four or five days with Frank and Ana. Can't wait to soak up that warm sun.

March is always a time for baseball and as usual it's time to talk about the Yankees troubles. DJ Lemeiux lasted two pitches and he's already out. If they're not gonna get a real third base, why don't they let the young kids give it a shot. Speaking of young kids that knew wonder kid Dominguez is gonna hurt himself in the outfield. I think I could play left field better than him.

Marcus Stroman has decided that he is a starter not a relief pitcher. For what he gets paid, He should line the field before the name or clean jock straps if that's what they ask him to do. For what he gets paid he should shut up and do what is needed.

Keeping with the spoiled brats theme. Aaron Judge put it best "if you don't want to come here because of the rule on facial hair, then you shouldn't come here at all. That shouldn't be your major focus". Go get them Judge, my captain, my captain.

On the home front, the boys are working hard at the high school, working out three or four times a week getting all their grades in line and ready for a chance to capture a second consecutive Shoreline championship and go after the States this year.

They are a good group of kids and I'm honored that they let me partake in their activities. However, I will be missing pitchers and catchers for the first time in 20 years as I need to get that sun on these old bones to prepare for a long season.

Finally, the Ides of March are here and it would be Mary's birthday. She has probably already started to celebrate because you know she used to spend the whole month reminding us about her birthday and celebrating.

So give her a kiss for me. Tell her I said happy birthday take and I'll see you soon.

<p><i>The Law Office of</i>  <b>Vincent J. Mase Sr. LLC</b>                  ATTORNEY &amp; COUNSELOR                  AT LAW</p>	<p><b>Vincent J. Mase, Sr.</b>                  ATTORNEY AT LAW</p>
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This publication is published bi-weekly by  
 Doss Enterprises LLC  
 PO Box 313 Northford, CT. 06472  
 Tel; 203-410-4254  
 email: totokettimes@comcast.net  
**PUBLISHER - FRANK MENTONE JR.**  
*founders - Bert Bunnell Jr. & Anthony Esposito Jr.*  
**The publisher assumes no responsibility for typographical errors. In the event of an error, the publisher will issue a credit adjustment on only the incorrect portion of the advertisement, as well as a retraction in the next issue.**

**Letters to the editor...**  
 This paper encourages all readers to voice their opinions and comments. The Totoket Times is not responsible for erroneous information or statements in letters to the editor. Letters should be as brief as possible. All letters must be signed. A telephone number should be included and no personal attacks. This paper reserves the right to edit all letters. All letters should be addressed to :  
**The Editor**  
 P.O. Box 313, Northford, CT 06472





## For the Health of it..

### This Powerful Word May be Holding You Back



I've always been fascinated by how powerful words can be. One of the very first wellness workshops I offered more than 20 years ago was called, "The Power of Words." At the time I was not aware of the harm one particular word can cause. It's a small and seemingly harmless word that holds the power to hinder dreams, delay action, keep us stuck and prevent us from moving forward. But before we get to that word specifically, let's first explore the significance of the words we use in our daily thoughts.

Each day there is a constant tape of words running through our minds. Our thoughts are the conversations we have with ourselves—our self talk. They are the mental tape we play on a regular basis that will propel us forward, or hold us back, preventing us from changing patterns, behaviors, and situations that no longer serve us well. We can't escape ourselves, so a new job, a new gym, a new town, a new house, or relationship won't make a difference if we're still listening to the same tape!

The old childhood rhyme about "sticks and stones" dates back to the 1800's and is intended to teach children resilience against the hurtful words of others. Sadly, words can wound, embarrass, discourage, belittle, betray, and leave their mark. What happens when those hurtful words that come our way are self-inflicted? How often is your self-talk positive? If your answer is, not often enough, I have some words of encouragement for you. You can give words the power to create a wealth of positive change, by choosing your words wisely which will in turn, change the tape.

Words are impactful. They can be loving and kind. They can heal, comfort, encourage, and induce trust, joy, and laughter. Words can also be reversed simply by turning a negative statement into a positive one. And so it begins. But it's the consistency of that reversed message that will allow it to replace the former.

If you're ready to pack a positive punch with your self-talk and get change moving in the right direction, let's start small, very small, with one little word that in and of itself can derail our best intentions. We don't think of it as such and likely use it frequently. It seems so insignificant yet it is powerful enough to deceive us into thinking that it's perfectly acceptable. Simply stated, if you want to be or do anything better, you need to stop trying! Yes, that small but mighty word is "try."

Its strength actually lies in its weakness. It implies an attempt without a guarantee of follow-through. It is non-committal and downright wishy-washy! As soon as we utter the word we have given ourselves an out. Let's apply it to wanting to make healthy changes. That's where the words you use matter more than you think. Saying "I'll try to eat healthier," or "I'll try to exercise more," signals a lack of commitment and actually leaves room for failure. If you're serious about transforming your health or other aspects of your well-being, it's time to remove "try" from your vocabulary and replace it with decisive action.

Saying, "I'll try to drink more water," doesn't carry the same weight as saying, "I will drink more water." The difference may seem trivial, but your brain picks up on it. It's a subtle yet common roadblock to success. Imagine telling a friend, "I'll try to meet you for lunch." This leaves room for doubt—you might show up, but you might not. Now, if you say, "I will meet you for lunch at noon," it creates accountability and commitment. The same applies to your health goals. When you commit to something fully, your mindset shifts, and you become more likely to follow through. However, when you allow yourself the option of merely trying, you unconsciously leave the door open for excuses and inconsistency.

When we affirm an action we actually strengthen our own confidence in our ability to succeed! The way you speak to yourself has immense power. By replacing weak language with strong commitments, you shift your mindset, increase your accountability, and set yourself up for success.

So are you going to let a tiny 3-letter word delay or even worse, prevent your goals from becoming a reality? Or will you stand up to it and show it who's boss by tossing it from your vocabulary? If you're with me on this, starting today, eliminate "try" from your vocabulary and replace it with action. Your success starts with your words, and your words play a major role in shaping your reality.

For a free copy of *The 5 Steps to Stop Dieting and Start Living With Food Freedom*, reach out at [joann@wellnessfusion.net](mailto:joann@wellnessfusion.net). Remember, this monthly article is here for you, *For the Health of It!* JoAnn Begley is a Holistic Wellness Practitioner, and Certified Health, Nutrition & Lifestyle Coach, with 25 years experience in holistic wellness services.

## Residential Burning Permits

- 1) Forms shall be available for residents to pick up at the Fire Marshal's office and Town Manager's office located at Town Hall, 909 Foxon Road. Forms are also available on the Town's website [townofnorthbranfordct.gov](http://townofnorthbranfordct.gov).
- 2) **Completed forms must be returned to the Fire Marshal's Office. Forms can be dropped off or emailed. Applications must be received by the Fire Marshal's office three days prior to burning.**
- 3) Upon receipt of a complete signed form, the Fire Marshal's office may physically inspect and photograph the site where the brush is to be burned. **Only brush can be burned. No limbs over 3 inches in diameter. No stumps or leaves. Permits are issued for 30 days. Burning can only take place between 10am and 5pm.**
- 4) A copy of the completed permit will also be faxed to the North Branford Police Department.
- 5) **The resident will be instructed to contact the North Branford Police Department @ 203-484-2703 on the day they wish to conduct the burn.**
- 6) If complaints are received, an Open Burning Official will be dispatched to determine if a nuisance exists. If deemed necessary, the appropriate fire company will be dispatched, and the fire will be extinguished.
- 7) If the resident does not have the appropriate approval to burn, at the discretion of the open burning official or the incident commander, police intervention may be required. Pursuant to Connecticut General Statute sec. 22a-174, failure to obtain the necessary approval to burn is a Class C misdemeanor and punishable by fine of \$ 200 or imprisoned not more than six months or both.
- 8) **Applicants must follow all guidelines and requirements.**
- 9) **You are required to have a 50-foot buffer from any structure or property line. You are required to have a water supply capable of extinguishing the fire.**
- 10) Chimineas and fire pits less than 3 feet in diameter do not require a permit.

### Please Display Your House Numbers

Please help us help you. Sometimes it can be difficult to find the proper address when responding to an emergency. Please have proper house numbers that can be viewed from both directions on the street.

1. At least 4 inches in height, in a contrasting color to the background
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3. If the building is set back by more than 100 feet, the number should be affixed to a post or mailbox not more than 10 feet from the driveway.

Any questions or concerns, call or email us @ [203-484-6016](tel:203-484-6016) or [jobrien@](mailto:jobrien@)




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## Plastic Film Recycling Program Change

After 8 hugely successful years of the NB Plastic Film Recycling Program, we have our first major change.

Unfortunately, you will no longer be able to drop the plastic film off at Town buildings. These are Atwater and Smith Libraries and Town Hall.

### Why the change?

The program has been so successful, that sometimes there is so much plastic film dropped off, that it causes a bit of unsightliness, with overflowing bins.

As these buildings are cornerstones of North Branford, and perhaps someone's first visit, to our Town, keeping the entrances looking welcoming is paramount.

So, how do we make up for losing these three convenient locations? New recycling bins have been placed at Public Works to accept the plastic film.

Hopefully, if you regularly used the 3 former drop off locations, dropping off at Public Works will not prove too much of an inconvenience.

The other four drop off locations in NB will remain available. They are: Country Paint and Hardware, Northford Country Market, TJs Launderette, and STW Community Center.

Also, remember, plastic film can be dropped off at retail stores like: Big Y, Stop and Shop, Target, Walmart, Whole Foods, etc.)

We strongly urge everyone to continue recycling plastic film, as the program has taken over 35,000 pounds out of our waste stream over 8 years and rather than being burned or put in a landfill, became composite wood products for decks and furniture.

Additionally, as part of the new process, you will no longer be able to drop off household batteries, eye glasses, and cell phones, at Town Hall. There are bins at Public Works for these items also.

**Please - If bin is full, please do not leave plastic film outside bin, as getting wet makes things much more difficult to sort.**

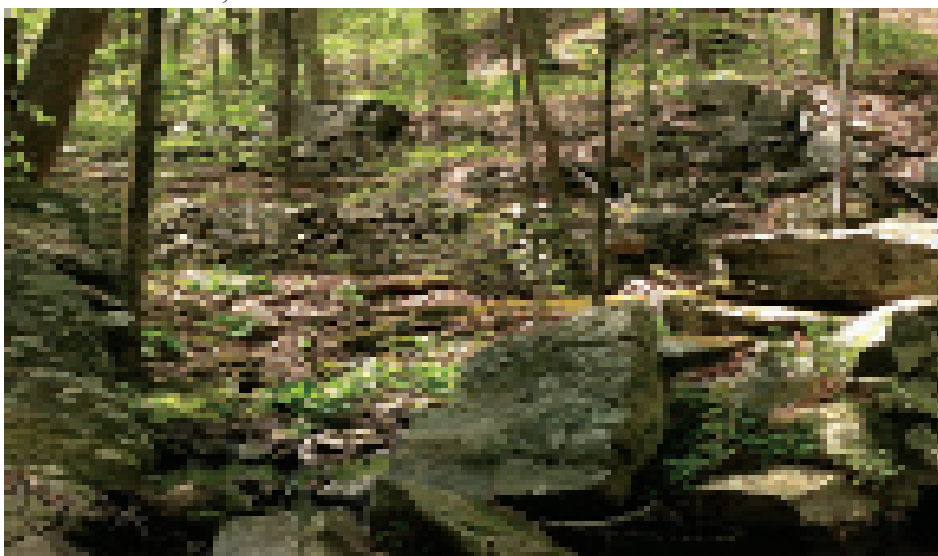
Atwater and Smith Libraries are our 3rd (5,400 pounds) and 4th (4,200 pounds) largest collection locations over the 8 years. Lets hope residents bring that amount of plastic film to Public Works or the other drop off locations in town. We will monitor results following implementation of the new process.

## Spring Hike With the NBLCT

Join the North Branford Land Conservation Trust for a hike at North Farms Park on Saturday, March 15 at 9:30am.

This family friendly hike has some hills, a stream, ruins from the town's industrial past, and more. The trails here are varied and interesting, and we will show you the highlights, leaving lots of unexplored areas for your future hiking visits. Cross the Branford River, see a rock overhang created by years of erosion, an old dam and mill, and evidence of where charcoal was made in North Branford's past.

Meet by 9:15 at the trailhead map at the back of the parking lot. Address: 149 Branford Rd, North Branford.



## Saint Patrick

**P:** *Patricius*; was a fifth-century Romano-British Christian missionary and bishop in Ireland. Known as the “Apostle of Ireland”, he is the primary patron saint of Ireland, the other patron saints being Brigid of Kildare and Columba. Patrick was never formally canonized by the Catholic Church, having lived before the current laws it established for such matters. He is venerated as a saint in the Catholic Church, the Lutheran Church, the Church of Ireland (part of the Anglican Communion), and in the Eastern Orthodox Church, where he is regarded as equal-to-the-apostles and Enlightener of Ireland.

The dates of Patrick's life cannot be fixed with certainty, but there is general agreement that he was active as a missionary in Ireland during the fifth century. A recent biography on Patrick shows a late fourth-century date for the saint is not impossible.<sup>[1]</sup> According to tradition dating from the early Middle Ages, Patrick was the first bishop of Armagh and Primate of Ireland, and is credited with bringing Christianity to Ireland, converting a pagan society in the process. He has been generally so regarded ever since, despite evidence of some earlier Christian presence.<sup>[2]</sup>

According to Patrick's autobiographical *Confessio*, when he was about sixteen, he was captured by Irish pirates from his home in Britain and taken as a slave to Ireland. He writes that he lived there for six years as an animal herder before escaping and returning to his family. After becoming a cleric, he returned to spread Christianity in northern and western Ireland. In later life, he served as a bishop, but little is known about where he worked. By the seventh century, he had already come to be revered as the patron saint of Ireland.

Saint Patrick's Day, considered his feast day, is observed on 17 March, the supposed date of his death. It is celebrated in Ireland and among the Irish diaspora as a religious and cultural holiday. In the Catholic Church in Ireland, it is both a solemnity and a holy day of obligation.

The Irish annals date Patrick's arrival in Ireland at 432, but they were compiled in the mid-6th century at the earliest. The date 432 was probably chosen to minimise the contribution of Palladius, who was known to have been sent to Ireland in 431, and maximise that of Patrick. A variety of dates are given for his death. In 457 «the elder Patrick» (Irish: *Patraic Sen*) is said to have died: this may refer to the death of Palladius, who according to the *Book of Armagh* was also called Patrick. In 461/2 the annals say that «Here some record the repose of Patrick»; in 492/3 they record the death of “Patrick, the arch-apostle (or archbishop and apostle) of the Scoti”, on 17 March, at the age of 120.

While some modern historians accept the earlier date of c. 460 for Patrick's death, scholars of early Irish history tend to prefer a later date, c. 493. Supporting the later date, the annals record that in 553 «the relics of Patrick were placed *sixty years after his death* in a shrine by Colum Cille” (emphasis added). The death of Patrick's disciple Mochta is dated in the annals to 535 or 537, and the early hagiographies «all bring Patrick into contact with persons whose obits occur at the end of the fifth century or the beginning of the sixth».<sup>[24]</sup> However, E. A. Thompson argues that none of the dates given for Patrick's death in the Annals are reliable.<sup>[25]</sup> A recent biography argues that a late fifth-century date for the saint is not impossible.

*continued on page 10*



# NEW DATE FOR PORCHETTA DINNER

Join old friends or make new ones as  
The North Haven Sons & Daughters of Italy celebrate.

Saturday, March 29, 2025, 6:00

- Porchetta
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## SENIOR MOMENTS

North Branford High School recently celebrated Senior Night recognizing their outstanding leaders. This year the team had a good enough record to make both the Shoreline and State tournaments.

*Pictured above are: Raul Cepeda, Jason Cosgrove (Captain), Aidan Fortier, Josh Algarin, Jack Monde (Captain) & Archie Yu.*

*Photo courtesy of Gina Cosgrove*



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FOR MORE INFORMATION







**NBHS Rotary Students of the Month**

NBHS March 2025 Rotary Students of the Month, nominated by the indicated departments at North Branford High School. (pictured left to right) The students and their families will be honored guests during an upcoming Rotary Dinner meeting at a local venue in North Branford.

**Social Studies - Noah Allen.** Noah has excelled in social studies and history over the course of his four years at NBHS, taking all honors and AP classes, in addition to multiple electives. Noah’s thoughtfulness, critical thinking skills, and dedication to understanding the world around him are amongst the characteristics that make him worthy of this recognition. As co-president of the Model UN club at school, Noah puts his knowledge of global affairs and civic action to use in club meetings and simulations; he was also an integral part of our distinguished delegation to ChargerMUN at UNH in the fall.

**Math - Joshua Higgins** Josh is an exceptional math student who has challenged himself in both A.P. Calculus and A.P. Statistics this year. He is a strong, conscientious student who always works hard and never gives up. He enriches every class discussion and is always the first one to step in and help a struggling classmate. Josh excels at thinking outside the box and he is never afraid to accept a challenge or take a chance when sharing his thinking process. Josh extends his thinking beyond the scope of the course, asks questions to delve deeper into material, and thinks critically about mathematics.

**Science - Gabrielle Dion** Since her 9th grade year, Gabrielle has excelled in her science coursework. During her sophomore year, she doubled up and took both Biology and Chemistry Honors, an accomplishment that only our most advanced students execute. She also took Physics Honors and is currently enrolled in Advanced Placement Environmental Science for a science elective.

**English - Aaliyah Rizzuti** Aaliyah is a creative student who is not afraid to take risks in her writing and provides valuable insights in class discussions. In the SCSU early college Creative Writing class, she has also taken advantage of several opportunities to submit her writing to contests and publications. She has also excelled in co-curricular activities (Theater, Choir) with connections to the English Department.

**Citizenship - Alexa (Lexi) Falcioni** Alexa is both a member of the Student Council and National Honor Society with significant responsibilities for both clubs. She has been instrumental in planning and organizing club events and her contributions to school initiatives are immeasurable. Alexa is also a member of the softball team and exhibits exceptional leadership qualities on the field. She serves as a mentor to her teammates, providing guidance and support during workouts and practices. Her dedication and sense of responsibility inspire those around her to strive for excellence. Alexa’s consistent efforts to make a positive impact on her peers and the school community.

**Boating with Confidence: Handling Your Boat Under Way**

New Haven Sail & Power Squadron, part of America’s Boating Club, will hold a two-hour seminar about handling your boat under way.

Gain confidence, knowledge, and skills that you need for a variety of boat-handling situations.

Learn about basic operations; trimming your boat; operating on plane; handling seas and waves; dealing with bars, rivers, rivers, and bends; and other situations you will encounter along your cruise. And you’ll have a better understanding about issues you can control and how to handle them. Understand the issues that the environment will present and how to react in a timely manner.

Class will be held from 9 to 11 a.m. on Sat., March 29, at Indian Neck Yacht Club, 87 Harding Ave., Branford.

All students must sign up by Wed., March 26. People can sign up online and charge it to a credit card. The class costs \$10 per person. To register and pay online, use the Zeffy link that follows. <https://www.zeffy.com/ticketing/boating-with-confidence>

There is no processing fee. Or, contact Squadron Education Officer Peter DePascale at 203-671-2420 and leave a message, or email him at [bathwork-sinc@gmail.com](mailto:bathwork-sinc@gmail.com).

New Haven Sail & Power Squadron (NHSPS), is a 501(c)(3) non-profit educational organization dedicated to making boating safer and more enjoyable by teaching classes in boat handling, navigation, and related subjects. For information on NHSPS, go to: [www.nhsps.org](http://www.nhsps.org).

**North Branford High School Class of 1975 50th Class Reunion**

Save the date: August 22, 2025, 6 to 10pm  
Amarante’s, New Haven, CT

For more information and updates: Facebook group **NBHS Class of 1975**  
Please send your contact information (name, address and email address) [NOBranfordhsclof1975@gmail.com](mailto:NOBranfordhsclof1975@gmail.com) Please share this information with other classmates.

**Applications Available for North Branford Scholarships**

The North Branford Scholarship Association announces that applications for scholarship awards are available at the town libraries and the North Branford High School Guidance Office beginning March 1st. Graduating high school seniors living in North Branford regardless of what school they graduate from are eligible. Applications must be in by March 28<sup>th</sup>, 2025. Our fund drive is also being run at this time. If anyone would like to make a donation or help us raise monies for the students please call me at 203 483-1311.

**NBIS SPOTLIGHT PLAYERS**

PRESENT

**nickelodeon THE SPONGEBOB MUSICAL youth edition**

<b>FRIDAY</b>	<b>SATURDAY</b>
<b>MARCH 14</b>	<b>MARCH 15</b>
<b>7 PM</b>	<b>3 PM</b>

**NORTH BRANFORD AUDITORIUM**

**TICKETS \$12/EACH IN ADVANCE OR AT THE DOOR**



## Knights of Columbus Council 6801 Saint Joseph Lasagna Supper



Saturday, March 15, - 6:00  
Saint Augustine Church Hall  
\$25.00 per person, children under 12  
free.

Lasagna, Salad, coffee and  
Vinnie Candelora's famous  
Zeppole di San Gieseppe



For tickets  
Call Wayne at 203-410-3885



### Night of Prizes at

### Saint Anthony's

Come join the fun at ST. ANTHONY SOCIETY'S 46<sup>th</sup> annual Night of Prizes, (formally known as the Card Party) to be held at St. Anthony Parish Center, 70 Washington Ave., New Haven on

Friday, April 25, 2025 at 7:00 pm. Doors open at 6:15 pm. Food and beverage available for purchase or you can bring your own. Admission ticket is \$10.00 which includes coffee, Italian pastry and chance for door prizes. Raffle tickets for sale that night for fantastic prizes and there will also be a 50/50 raffle. For information or tickets please call Anna Simeone 203-710-5004. No admission tickets will be sold after Tuesday, April 22, 2025.

### NORTHFORD COMMUNITY CHURCH

4 OLD POST RD NORTHFORD, CT 06472



## EASTER FLOWER SALE

WE WILL HAVE VARIOUS FLOWERS AND  
BAKED GOODS FOR SALE

APRIL 18TH 10a-6p, 19TH 10a-6p, 20TH 9a-1p

Visit us at:  
[Northfordcommunity.church](http://Northfordcommunity.church)  
or on Instagram, TikTok, and YouTube,  
@NCCHSMove

Check out our Facebook:  
[Northford Community Church](https://www.facebook.com/NorthfordCommunityChurch)

## Lenten Walk 2025

**North Haven:** Join us for the **Lenten Walk** as we gather for the **Stations of the Cross** beginning on **March 25th, Tuesday's at 5:00pm (also April 1st, 8th, and 15th)** at the **All Saints Cemetery Mausoleum-700 Middletown Avenue**. The Walk will continue for 4 weeks ending the Tuesday of Holy week. Please mark your calendar to **SAVE THE DATES**. There is no registration required. Please wear "weather-appropriate" clothing. This event will take place outdoors. Walking is of **moderate intensity**. We will be walking up and down hills and stopping to stand at each Station to pray. Those interested in taking on a more responsible role, please reach out to Barbara at 203 780-8418 or email her at [bgode@ccacem.org](mailto:bgode@ccacem.org). Visit our website often for any scheduling updates at [www.ccacem.org](http://www.ccacem.org)

## CHURCH DIRECTORY

**Branford Bible Chapel.** 212 Branford Rd., corner of Twin Lakes Rd. 203-488-3586. Sunday morning: 10:00 - 10:30 Worship & Lord's Supper, 10:30 11:00 Announcements and Music Minity, 11:00 -11:45 Ministering of God's Word & Sunday School. Nursery provided. Vacation Bible School, missions & outreach programs. [www.branfordbiblechapel.org](http://www.branfordbiblechapel.org)

**Community Baptist Church.** 53 Hopson Avenue, Branford, CT. Pastor Jon Bickel. Sunday Bible Classes 9:30 a.m. and Worship Service 10:30 a.m. Nursery is provided. Adult bible study and prayer meeting, and children's clubs on Thursdays at 6:30 p.m. For more info.: 203-488-8581; [info@cbcbranford.org](mailto:info@cbcbranford.org); [www.cbcbranford.org](http://www.cbcbranford.org)

**Hope Christian Church** (we are an Assemblies of God affiliated church) 211 Montowese Ave., North Haven CT [www.hopeag.com](http://www.hopeag.com). Sunday Service 10:00 AM, Wednesday Bible Study 7:00 PM. Follow us on Facebook. "realpeople realhope reallife" (203) 234-7328

The North Branford Congregational Church, NACCC, 1680 Foxon Road, North Branford CT. Join us for meaningful worship and Bible based teaching every Sunday at 10 am. Sunday School for children during service. Communion on the first Sunday of the month. We offer Bible study, choir, lunch bunch, 2<sup>nd</sup> Sunday brunch, charity work, book club, praise team, men's fellowship and more. Our pastor is the Rev. Wendy Tarry. To contact our church: Office hours are Wednesday to Friday from 9:00 AM to 1:00 PM. Phone: 203.488.8456, email: [nobdcong@sbcglobal.net](mailto:nobdcong@sbcglobal.net), website: [www.northbranfordcongregational.org](http://www.northbranfordcongregational.org) Come grow in faith with us!

**Northford Community Church.** Church is located on Old Post Rd. (Corner of Rte 17 and Rte 22), PO Box 191 Northford. Phone (203)-484-0795, Fax (203)-484-9916. Email: [northfordcc@gmail.com](mailto:northfordcc@gmail.com). Office Hours: Tuesday 9am-1pm; Other days by appointment. John Vigneri, Pastor. Catherine Klouda, worship leader. Worship service 10am. Join us for coffee hour following worship. Holy Communion on the first Sunday of each month. Like us on Facebook. Our website is [www.northfordcommunity.church](http://www.northfordcommunity.church).

**St. Ambrose Parish – Roman Catholic Parish** with two church buildings, St. Augustine, located at 30 Caputo Rd. North Branford and St. Monica, located at 1321 Middletown Ave. Northford.

The pastor is Rev. Robert L. Turner. All are welcome and invited to join us for Mass! Summer Mass times include: Monday, Tuesday, Wednesday, Friday and Saturday at 9:00 AM at St. Augustine. Weekend Masses are celebrated on Saturday at 4:30 PM at St. Augustine (English Ordinary no incense used), Sunday at 9:00 AM at St. Monica (English Ordinary, no incense used) and on Sunday at 11:00 AM at St. Augustine (Latin Ordinary with use of incense). The sacrament of Reconciliation is offered a half hour before all Masses, excepting Sunday, and on Monday evenings from 5-6 PM during Adoration. The parish office is located at St. Augustine Church and is open Monday, Tuesday, Wednesday and Friday from 9-1. You can access the bulletin and staff emails at [NBcatholics.org](http://NBcatholics.org). If you are new to the area and looking for a wonderful parish or homeschool co-op to join, please visit us or give us a call!

**St. Andrew's Episcopal Church**, the white church on the hill in the heart of Northford, has been an integral part of Northford since 1763! Worship services are held Sundays at 10 a.m., except during the Summer are held at 9 a.m.(from June through Labor Day). Refreshments and fellowship always follows. Please join us - we'd love to get to know you! All are always welcome!! St. Andrew's supports many community programs. The Food Pantry of North Branford is located in the lower level of St. Andrew's Parish Hall. St. Andrew's annually contributes to the North Branford Scholarship Program; North Branford Social Services Thanksgiving Basket Share and the Christmas gift and food basket share programs; Back-to-School backpacks; clothing donations (donation shed located at the back of the church parking lot); and more. A number of fundraising events are held throughout the year to help us help our neighbors, such as a Rhubarb Fest, Ice Cream Socials, and Harvest Supper. Also, the Parish Hall is available for rent for birthday parties, showers, receptions, etc. The Rev. Bryan Spinks is St. Andrew's priest; Nan Monde is Sr. Warden. For more information please contact Nan at 203-710-7005."

Please join us for worship at **St. John's Episcopal Church** at 129 Ledge Hill Road in Guilford, CT 06437. Our services are at 10 am each Sunday with Youth Spiritual Foundation for ages 5 and up every first and third Sunday. Coffee hour after our service in our parish hall. See our Facebook page St. John's Episcopal Church, Guilford CT. 203-457-1094. check our website at [www.saintjohnsguilford.org](http://www.saintjohnsguilford.org)

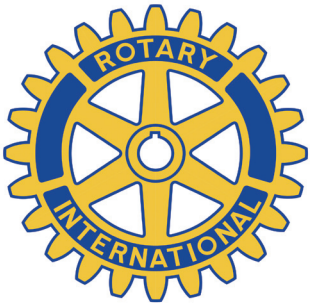
**Shoreline Community Church** located at 9 Business Park Dr., Units 1-4, Branford, CT. Call us at 203.481.8919. Sunday Services at 8:30 and 10:00 AM (Children and Jr. High activities meet during our 10 AM service). For more information, check out our website [www.sccbranford.org](http://www.sccbranford.org). SCC is a diverse community that is dedicated to Making the Invisible God Visible.

**United Methodist Church, Branford** 811 East Main St, Branford (Route 1, across from Bill Miller's Castle). [www.umcbranford.org](http://www.umcbranford.org) or (203) 488-0549. Sunday service 9:30am - both in-person and live on our website. "The Church on the Rock," led by Pastor . We invite you to discover the power of faith in Jesus Christ bringing God's love to the world. Join us to worship, experience God's word, and stay connected.

**Zion Episcopal Church**, 326 Notch Hill Road, North Branford. While we are in transition, we continue to hold services of Morning Prayer following Rite 2 in the Book of Common Prayer, and do have services of Holy Eucharist when we are fortunate to get a supply priest. At this time, we have a single service at 9:15 a.m. on Sunday morning. Refreshments and fellowship to follow service in the parish hall. Please visit our Facebook page or our website [zionepiscopalchurch.org](http://zionepiscopalchurch.org). Zion is an open and affirming congregation for those seeking a safe place to worship and grow in Christ. 203-488-7395



## The North Branford Rotary is seeking nominations for the Service Above Self Awards.



The North Branford Rotary's **Service Above Self Awards** are a wonderful way to recognize those who go above and beyond to serve the community. These individuals are often the unsung heroes who make a lasting impact through their compassion, dedication, and service. If you know someone who exemplifies these qualities, now's the time to nominate them.

### Why should you nominate someone?

Recognition like this not only acknowledges their hard work, but it also inspires others in the community to get involved and make a difference. It's a way of saying, "We see you, and we appreciate you." By nominating someone, you're helping to inspire the entire community to continue working together for positive change.

The nomination process is easy. Simply visit [NorthBranfordRotary.org](http://NorthBranfordRotary.org) or via the Service Above Self post on our Facebook page: [facebook.com/northbranfordrotaryclub](https://www.facebook.com/northbranfordrotaryclub) where a nomination form can be submitted online. Be sure to provide as many specific details as possible about the nominee's contributions and how they've made an impact on the community.

### Don't wait—nominations are due by April 25, 2025!

If you've nominated someone before, even if they weren't chosen, don't hesitate to nominate them again. Your efforts could help shine a light on someone truly deserving.

The awards ceremony will take place on Thursday June 26, 2025 at 6:00pm at Woodwinds.

Should you have questions regarding the form please do not hesitate to reach out via email to [northbranfordrotary.org](mailto:northbranfordrotary.org) or call Melinda Fonda @ 203-988-0883.

Nominations Are Due By April 25, 2025

## "We can do better in Connecticut" By Sen. Paul Cicarella

Have your electricity costs gone down? For thousands of families and businesses in our district, soaring rates remain a major burden. This week, the Governor and majority Democrats struck a backroom deal to extend the tenure of PURA Chairwoman Marissa Gillett, who oversees the agency regulating our electric rates. Some legislators blame her for the staggering increases, while other lawmakers see her as an advocate for ratepayers—a political "hot potato."

To appease her legislative critics and ensure her re-nomination for a four-year term as chairwoman, Democrats agreed to remove PURA from the Executive Branch, making it a "quasi-public" entity. This type of entity raises more questions. Senate Republicans have for years called for reform of the state's "quasis" that are subject to, at best, modest legislative control.

However, the fact of the matter is that customers like you and I cannot afford to wait. Your needs continue to be ignored by those in the majority in Hartford.

We all continue to face the burden of energy bills that have doubled and sometimes tripled. This hardship is exacerbated by current policies that prioritize unrealistic environmental agendas over commonsense, immediate relief. I have been at the forefront of advocating for eliminating the "Public Benefits Charge" and promoting more economical and efficient energy sources like nuclear and hydropower.

These steps are essential for introducing genuine competition, reducing costs, and easing financial pressures on our families and business owners. Energy affordability is a gateway to affordability across the board in Connecticut. Democrats have another opportunity to work with us to achieve this end—this should not be a partisan issue.

### Creating an Affordable Connecticut for All

Connecticut has one of the highest costs of living in the country, recently ranking third in the nation for property taxes, and second behind Hawaii in electric rates. These are not rankings that we should be proud of. I've joined my Republican colleagues in proposing policies to cap excessive licensing fees, reduce income taxes, and limit property tax increases. By also cutting unfunded mandates, we can reduce costs for towns and businesses—savings that should be passed on to you.

Beware of the majority's push for tax hikes under the guise of "revenue enhancements." Expanding government spending always leads to higher costs for taxpayers. As a member of the newly formed Government Oversight Committee, I will push for efficiency and eliminate wasteful spending.

### It's About Jobs

Business creates jobs and we must have a state that clears the way for them to do so. I've talked to hundreds of business owners across our district and the state, and their frustrations are similar. As a small business owner myself, these frustrations are mutual. How can we clear the decks for businesses to thrive?

This session, I'm offering and supporting ideas that reduce taxes and fees or requirements, even allowing full expensing of capital expenses—allowing businesses owners to invest their money in the people of this state with job opportunities. Also, the legislature must take a hard look at ways to eliminate nonessential unfunded mandates on businesses. Among the many other ideas that I'm supporting, these are some of the most practical.

At the same time, it's critically important to reduce barriers to careers in the skilled trades and occupations—licensing fees to perform these jobs should not exceed \$100. Why should some be overly taxed based on their occupation? This is not right and must change.

### Going Forward in 2025

Working together, I will continue to advocate for commonsense solutions that directly address the concerns of families, businesses, and seniors across the 34<sup>th</sup> District. Connecticut should be a state where living, working, and retiring isn't a daily struggle like it is today.


While there are many challenges ahead, there are many opportunities to turn our state around. Fortunately, these solutions should not be difficult, nor should they be partisan. I am committed to working with my colleagues on both sides of the aisle throughout the 2025 session to make our state one that's affordable where people can thrive.

As always, feel free to reach out to my office with your questions, concerns, and ideas at [senatorcicarella.com](http://senatorcicarella.com).

## ALL THE KING'S HORSES EQUINE RESCUE

501c3 non-profit Connecticut Horse Rescue

Please join us for a magical afternoon to help rescue horses find their ...




*Happily ever After...*

Sunday, March 16, 2025  
11:30a-2:30p  
Connecticut Carousel Museum  
95 Riverside Ave, Bristol CT

\$50 Adult/\$20 Child Ticket price includes:

- A Delicious Brunch
- Art Show, Silent Auction, Raffles
- Admission to explore the Carousel Museum
- Unlimited Carousel Rides (under age 12/less than 100lbs)
- Learn about the Rescue ~ Our Horses and Our Mission

For More Information & to Purchase Tickets  
See our Facebook Page or use link below



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Rachael Ortiz, LLC, Steady Photography



# Recycling News

## Upcoming events

- March 31 - Scrap Metal Pick up – large appliance, grills, tools, A/C units  
 April 5 – Leaf Drop-Off opens – bring us your leaves  
 April 12 - Electronic Waste Drop-Off - TVs, computers, almost anything with a cord  
 Also, on this day we collect mattresses and empty propane tanks.  
 April 14 - Bulky Waste pick up – almost everything else



### It's recycling day every day at Staples

Recycle tech, ink and toner, and school supplies.

\*no luggage

[www.staples.com/stores/recycling](http://www.staples.com/stores/recycling)

### Regional Water Authority Rain Barrel Sale

For a limited time and while supplies last, you can purchase a 50-gallon Ivy Rain Barrel at a discounted price from RWA. The price is \$75 each, discounted from \$157.



Rain barrels are a great way for homeowners to use water wisely and manage water costs.

They also help reduce stormwater pollution by keeping water out of storm drains that can carry contaminants from the street into water sources.

The deadline to place your order is Tuesday, April 1<sup>st</sup>.

<https://www.rainwatersolutions.com/products/rwater>

Pickup is Saturday April 12<sup>th</sup> – 9am to 12pm

at RWA, 90 Sargent Dr. New Haven

For more information about recycling in North Branford you can check out North Branford's Recycling Committee's website: [townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx](http://townofnorthbranfordct.com/government/boards-commissions/hazardous-wasterecycling-committee.aspx)

or our Facebook page: North Branford CT Hazardous Waste & Recycling Committee

## Thank You for Your Participation

### Northford-North Branford Women's Club, GFWC General Assembly, Tuesday, March 18<sup>th</sup>

Our local Women's Club, a member of the GFWC, is an all-volunteer, 501c3 nonprofit club consisting of fiery and determined women who are outspoken and vivacious and concerned about the issues that affect women and families in our community and state.

Come visit us at our general assembly meeting on March 18, 2025, 6:45 p.m. at Stanley T. Williams, 1332 Middletown Ave, Northford, and hear what we are about! Bonus - one of our members is going to show us how to paint portraits with step-by-step instructions! You do not have to be an artist! We look forward to seeing you!

## SEN. COHEN WELCOMES STATE INVESTMENTS IN SPECIAL EDUCATION AND NONPROFITS

**HARTFORD** – State Senator Christine Cohen (D-Guilford) today joined with her Senate Democratic colleagues to approve \$40 million to help municipalities cover the cost of local special education needs, and nearly \$3 million more for various nonprofits across the state.

**Sen. Cohen** voted to give final passage to House Bills 7066 and 7067. Both were passed Monday evening by the House of Representatives, and they now await the signature of Governor Ned Lamont into law.

“We know that our towns incurred exorbitant special education costs over the past year, beyond what was anticipated by them or the state. This additional \$40 million in state funding is designed to help cover some of those excess costs and ameliorate the need for any associated property tax hikes this summer,” **Sen. Cohen** said. “We’re also investing in various nonprofits whose mission is now under attack from the new federal administration.”

Today’s bills provide a \$40 million injection of state funding to municipalities to support special education needs for the current fiscal year. This funding is in addition to the \$181 million which was previously appropriated for Fiscal Year 2025, bringing the total to \$221 million. The funding will be allocated through the Excess Cost Grant program and distributed to municipalities through a tiered reimbursement structure .

Today’s bills also appropriate \$2.88 million to 23 different organizations that address children’s, immigrant, Jewish, women’s health, neighborhood, LBGTQ+, and other issues, including \$800,000 for Planned Parenthood of Southern New England and \$225,000 for Integrated Refugee & Immigrant Services (IRIS).

While there have been no known cases of federal ICE agents attempting to enter a Connecticut public school so far this year, today’s bill also contains new language that complements guidance issued last month by Governor Ned Lamont and SDE Commissioner Charlene Russell-Tucker to public schools in Connecticut regarding the protection of students in the classroom when it comes to federal immigration enforcement activities.

### Saint Patrick Continued

Patrick returned to Ireland as a Christian missionary. According to Bury, his landing place was Wicklow, County Wicklow, at the mouth of the river Inver-dea, which is now called the Vartry. Bury suggests that Wicklow was also the port through which Patrick made his escape after his six years’ captivity, though he offers only circumstantial evidence to support this. Tradition has it that Patrick was not welcomed by the locals and was forced to leave and seek a more welcoming landing place further north. He rested for some days at the islands off the Skerries coast, one of which still retains the name of Inis-Patrick. The first sanctuary dedicated by Patrick was at Saul. Shortly thereafter Benin (or Benignus), son of the chieftain Secsnen, joined Patrick’s group.<sup>[43]</sup>

From this same evidence, something can be seen of Patrick’s mission. He writes that he “baptised thousands of people”,<sup>[48]</sup> even planning to convert his slavers.<sup>[35]</sup> He ordained priests to lead the new Christian communities. He converted wealthy women, some of whom became nuns in the face of family opposition. He also dealt with the sons of kings, converting them too.<sup>[49]</sup> The *Confessio* is generally vague about the details of his work in Ireland, though giving some specific instances. This is partly because, as he says at points, he was writing for a local audience of Christians who knew him and his work. There are several mentions of travelling around the island and of sometimes difficult interactions with the ruling elite. He does claim of the Irish:

Never before did they know of God except to serve idols and unclean things. But now, they have become the people of the Lord, and are called children of God. The sons and daughters of the leaders of the Irish are seen to be monks and virgins of Christ!<sup>[50]</sup>

Legend credits Patrick with teaching the Irish about the doctrine of the Holy Trinity by showing people the shamrock, a three-leafed plant, using it to illustrate the Christian teaching of three persons in one God.<sup>[74]</sup> The earliest written version of the story is given by the botanist Caleb Threlkeld in his 1726 *Synopsis stirpium Hibernicarum*, but the earliest surviving records associating Patrick with the plant are coins depicting Patrick clutching a shamrock which were minted in the 1680s.<sup>[79]</sup> Roger Homan writes, «We can perhaps see St Patrick drawing upon the visual concept of the triskele when he uses the shamrock to explain the Trinity».<sup>[80]</sup>

Ireland was well known to be a land without snakes, and this was noted as early as the third century by Gaius Julius Solinus, but later legend credited Patrick with banishing snakes from the island. The earliest text to mention an Irish saint banishing snakes from Ireland is in fact the Life of Saint Columba (chapter 3.23), written in the late seventh or early eighth century.





# NORTH BRANFORD PARKS, RECREATION, AND SENIOR CENTER

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WWW.NBRECREATION.COM • CALL (203) 484-6017

FOLLOW US ON FACEBOOK! @NBPARKSANDRECREATION AND INSTAGRAM! @NBPARK.REC.SENIOR

## leprechaun hunt

There once was a leprechaun with a pot full of gold!

He's been spotted in these woods - so we've been told.

If you try to catch him, he will surely duck.

Take a coin for your pocket - it will bring you good luck!

Please be polite and only take one, Leave coins for others to join in the fun!

The Leprechaun Hunt will begin Friday, March 7 at Harrison Farm Preserve

95 North St, North Branford, CT 06471



## REGISTRATION OPENS 3/3!

Stay Tuned! We'll be rolling out some changes, and you won't want to miss them. Keep an eye on your email for important updates about all the new things coming your way.

*A new name, the same incredible summer - get ready for the best one yet!*

## — SENIOR CENTER —

### BOCCIA

Tuesdays at 12:30 - STW Gym/Cafe

Like to play bocce but can't stand the cold? Come learn how to play bocce! Like bocce, bocce is a game of skill, strategy, and accuracy. Played on a smooth indoor court, competitors use throws or rolls to outmaneuver their opponents. Bocce can be played solo, in pairs, or in teams of three.



## Senior Center Appreciation Breakfast at NBHS

Thursday, March 20, 2025

9:30 a.m. at North Branford High School

Cost: \$5 per person cash - paid at NBHS

Registration required. Please call the Senior Center at 203-484-6017 by Friday, March 14, 2025 if you plan to attend.

The Totoket Chapter of the National Honor Society of North Branford High School would like to invite you to join us for breakfast. After breakfast we will be treated to a sneak peak of some musical numbers from their spring musical, Pippin!



## TENNIS AT NORTHFORD PARK

Due to the overwhelming success of our Tennis Program last year we are excited to offer it again!

Join us for 5-week Introduction to Tennis program at Northford Park! Lessons will be offered with Guilford Racquet Club Pros once a week for 45 minutes and included age appropriate skills and drills! Lessons include a Racquet!

Meet our Instructor: Austin is a certified USPTA tennis teaching professional and worked at Fairfield County Tennis and Milford Indoor Tennis before landing in Guilford and North Branford. He played high school tennis at Brookfield High School and college tennis at Western Connecticut State University, where his teams made the playoffs every year. When he's not teaching tennis he can be found playing tennis, as he belongs to several USTA league teams.

### INTRO TO TENNIS

Ages 11-13 • 5:00-5:45pm • April 23 - May 21

Ages 5-10 • 6:00-6:45pm • April 23 - May 21

**\$75**  
per session

## BABYSITTER'S CERTIFICATION



SATURDAY, APRIL 5, 2025

STW GYM/CAFE

9:00 - 2:00PM \$65 RES/\$70 NR

AGES 12 - 15

Please register by 3/28

Girls & Boys Welcome! Ideal class for current and future sitters. This training gives you the knowledge, skills, and confidence to care for infants and school-aged children. This course addresses safety issues, preventing injuries and illnesses, and basic childcare. Students learn by doing and will be required to demonstrate the skills to be certified by the American Pediatric Association. (Bring a lunch)  
Instructor: Ambulance Co. #4

## Mary's Culinary Classes

Join Mary Amter in this unique, hands on culinary experience that will engage children in preparing delicious creations. They will explore, create, and learn basic cooking techniques!

Grades 3-5 at STW Community Center

**\*\*EARLY DISMISSAL DAYS\*\***

1:00 - 3:00pm Cost \$40 res/ \$45 non-res per class

WEDNESDAY APRIL 9, 2025  
APRIL FOOL'S MEATBALL CUP  
CAKES & HAMBURGER COOKIES



## PINOCHLE PARTY

Friday, March 28th

9:00am-2:00pm

STW Senior Room Please register by 3/21



Monday April 21, 2025 9:00am - 1:00pm

No lunch break. Pre-registration is required.

Frank Davis, a certified instructor with AAA, will conduct the Driver Improvement Mature Operator Program. During this program you will learn preventative measures to use when driving. You will also learn how aging affects reaction time, hear tips to sharpen driving skills, review the new state laws and regulations, refine existing skills, and develop safe defensive driving techniques that save lives.

Participants, age 60 and older are eligible for a two-year, insurance discount on liability, collision and personal protection on insurance premiums. SCRCOG working with CT DOT, is pleased to offer the class at no cost to the Seniors.



# CLASSIFIED AD RATES

Personal, For Sale, Help Wanted, Tag Sale, and all non-business classified  
1 issue \$9.00 2 issues \$12.00 3 issues \$15.00  
20 words or less, not including phone #. \$.05 per word, per run,  
after 20 words

Lost and Found ..... FREE

Business Classified Ads & Real Estate  
3 issues \$35.00, 6 issues \$60.00, 12 issues \$100.00  
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Send ad along with your check to:

Totoket Times P.O. Box 313 Northford, CT 06472

For more information call 203-410-4254


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Interior/Exterior Repairs. Walls, ceilings, trim, water damage, porches, decks, doors, and windows. Free estimates, insured. Call Bill at 203-901-2136.

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**John DiMaggio Plumbing** - Residential/Commercial repairs/remodeling. Big or small. Water Heater Specials! Licensed & Insured. Call 203 - 627 - 6826. References available.

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**Earthart Stoneworks LLC**, all aspects of custom stone masonry, paver patios, walkways, retaining walls, water features, stone carvings including granite benches, granite mailbox posts, granite lighthouses, pizza ovens, fire pits and sculptures. Specializing in dry-laid stone wall restoration. 30 years of experience, licensed and insured. Free estimates.

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## HE,LP WANTED

**American Protective Products is looking for a Sales & Customer Success Representative** to join our team! This role focuses on building relationships, helping customers find the right solutions, and ensuring they have a great experience with us. Pay is \$1,000/week plus commission. If you're proactive, great with people, and love problem-solving, we'd love to chat! Interested? Email Tim at [tim@app-ppe.com](mailto:tim@app-ppe.com).

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"Beautiful and peaceful space, staff was very kind and sympathetic... Their kindness will not be forgotten."

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**BRANFORD COMPASSION CLUB AND THE GREATER NEW HAVEN CAT PROJECT**  
INVITE YOU TO JOIN US FOR OUR "PURR-ONI DINNER"

Wednesday, March 26th  
Christ & The Epiphany Church  
39 Park Place, East Haven, CT  
Doors open at 5:30pm,  
dinner served at 6:30pm

CATERED BY WHAT'S COOKIN'  
MENU : ZITI, MEATBALLS, SALAD, BREAD, SODA, COFFEE & DESSERT

TICKETS \$30/PERSON (TABLE ARRANGEMENTS FOR GROUPS OF 4+)

VISIT [GNHCP.ORG/DINNER](http://GNHCP.ORG/DINNER) TO PURCHASE THROUGH MARCH 23RD  
(ADVANCED TICKET PURCHASE REQUIRED)

RAFFLE BASKETS & DOOR PRIZES!

FOR MORE INFORMATION, PLEASE CONTACT: [CHRISKAT32@AOL.COM](mailto:CHRISKAT32@AOL.COM)

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*Did you know:*  
The Statue of Liberty was once a functioning lighthouse. In 1886 the famous statue was a working lighthouse for years.  
You could see its light from 24 miles away.